

ADHD HEADACHE Fatigue
INSOMNIA ASTHMA HIVES
Skin Problems
Heartburn Migraine Hairfall Respiratory Problems
IBS Acne OBESITY Constipation
Gut inflammation (colitis) Stress Allergies BLOATING
Autism ANXIETY



Diseases or just
Food Intolerance?

Addressing
the problems
in one thing.
Identifying the
root cause is
another.



Check for
food intolerance
today.

Bloating Insomnia Persistent cough Weight problems
Anxiety Headache Obesity Tiredness Skin problems
Eczema Persistent cough Palpitations Insomnia
Migraine IBS Joint pain Swelling Unproductive cough
Mouth ulcers Abdominal cramp Nausea Gas Fatigue
Internal chronic constipation Depression Abdominal
Pain Inflammation disease Bloating Insomnia
Persistent cough Weight problems Anxiety Headache
Obesity Tiredness Skin problems Eczema Persistent
cough Palpitations Insomnia Migraine IBS Joint pain
Swelling Unproductive cough Mouth ulcers
Abdominal cramp Nausea Gas Fatigue Internal
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cough Weight problems Anxiety Headache Obesity
Tiredness Skin problems Eczema

Arthritis, Irritable bowel syndrome (IBS), Diabetes, Ulcerative Colitis, Thyroid and many more have one thing in common-
FOOD INTOLERANCE

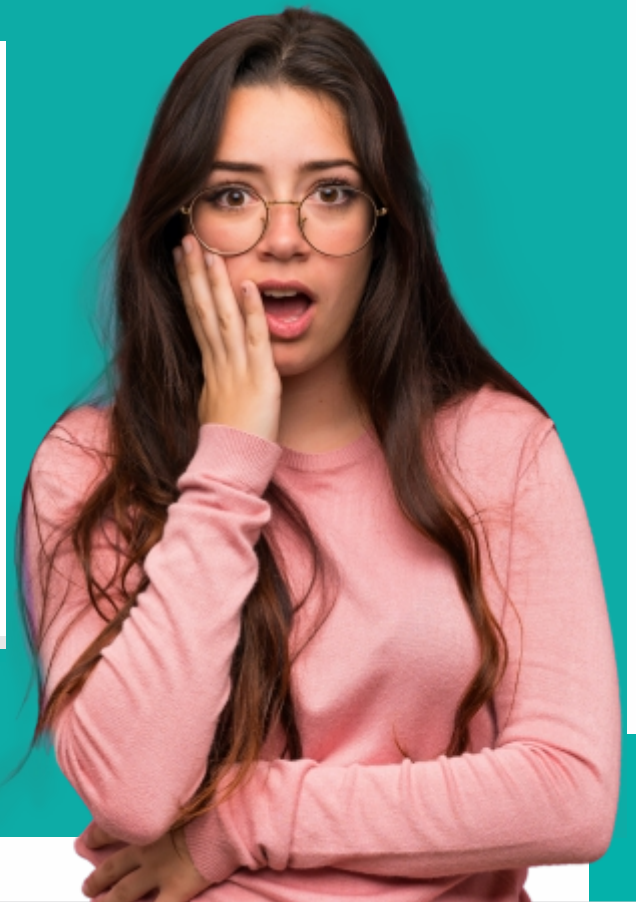
No wonder they say,

“it all starts from the gut”

But what is
FOOD INTOLERANCE?

**“An inflammatory reaction
caused due to the body’s inability
to digest certain foods.”**

BUT
95% OF THE TIMES,
FOOD INTOLERANCE
IS CONFUSED WITH
FOOD ALLERGY.



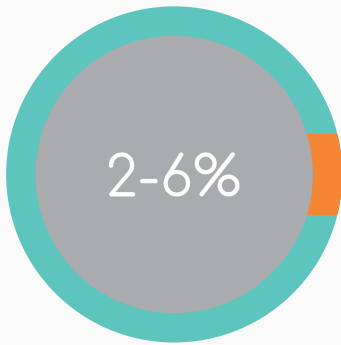
Allergy Vs. Intolerance

Allergy 2 Food



Age

Develops from infancy



Suffer from food allergy



onset of symptoms

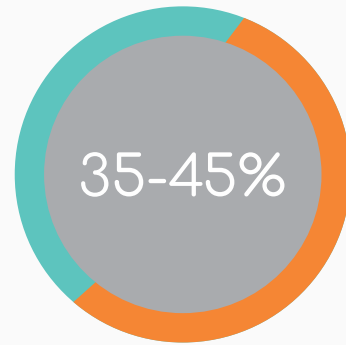
immediate
within
2-3 hours

Intolerance 2 Food



Age

Develops at any age



Suffer from food intolerance



onset of symptoms

Delayed,
up to 72 hours
after meal

Allergy Vs. Intolerance

	Allergy	Intolerance
Food	e.g. peanut, shellfish	e.g. gluten, dairy
Mediated	IgE antibodies	IgG antibodies
Rate of Response	Immediate after ingestion	Delayed up to 72 hrs after ingestion
Mechanism	Rapid production of histamine	Gradual formation of Ag/Ab complexes
Symptoms	Classical 'allergic' response	Many symptoms affecting any part of body
Severity	Can be fatal	Not life-threatening
Permanence	Can last lifetime	Can be reversed or reduced by elimination of foods
Skin-prick test	Positive	Negative

OPT FOR THE BEST



CE marked to ensure the quality standards & environment safety.



ELISA Technology to ensure the efficacy of the test

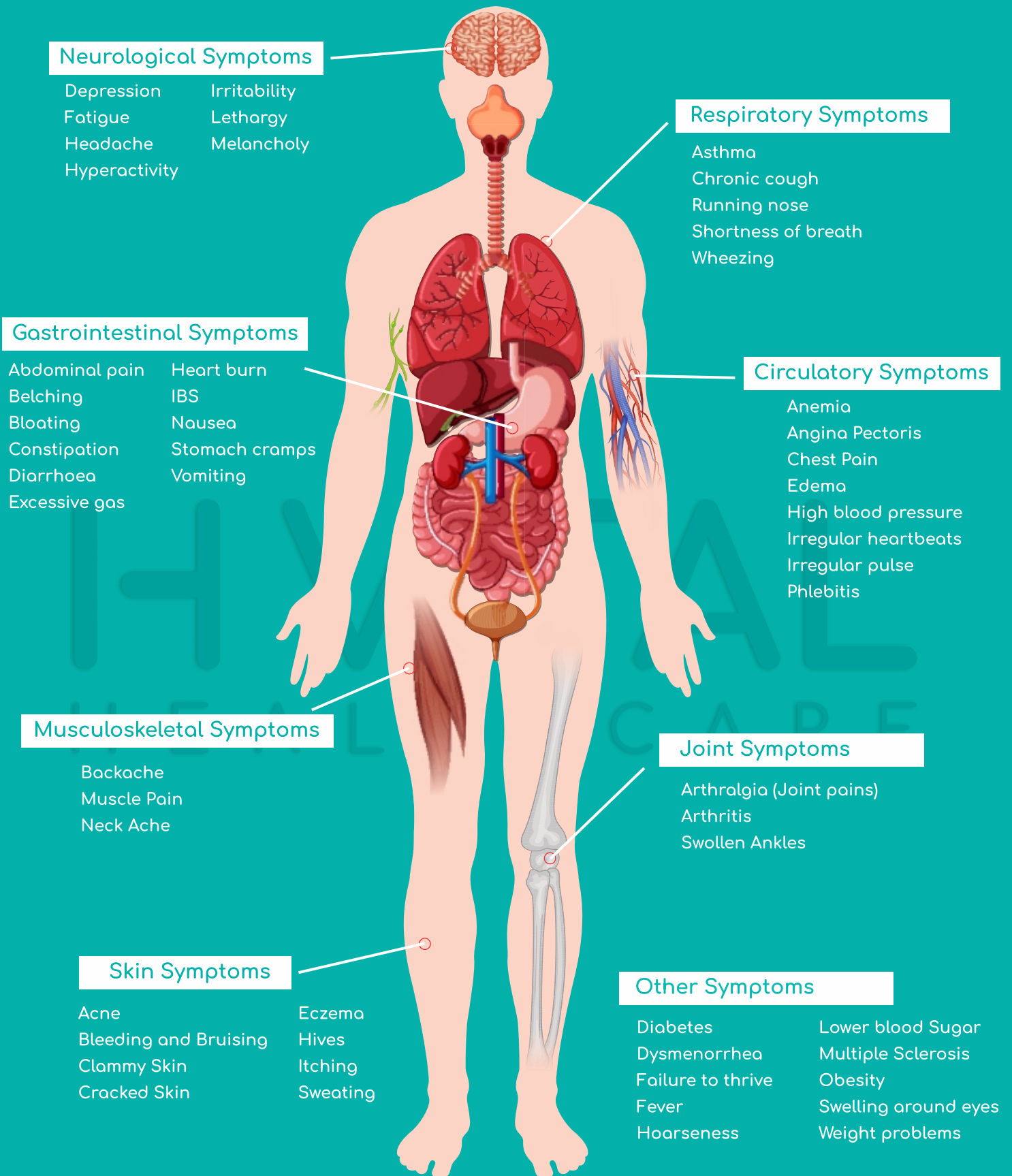


Quicker Results to track the elevated (borderline) food faster



Highly efficient to test upto 120 food proteins

Food Intolerance can be the cause for



FOOD INTOLERANCE SYMPTOMS

And how to detect these
“FOOOOOOOOOOOOODS”?

The answer is

H-VITAL.

But what is H-Vital?

H-Vital is an advanced IgG food intolerance test, designed & developed in England to derive results with higher efficiency and accuracy.



VITAL

46 Foods Panel

India Specific Foods

Major Food Intolerances

Oat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Carrot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wheat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Potato	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tomato	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Corn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Onion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Semolina (Rawa)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Brinjal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Barley	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cabbage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rye	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tur Dal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flax Seed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chana Dal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gluten	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Moong Dal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Almond	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lentil	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cashew	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walnut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cucumber	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Peanut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cow's Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Soya Bean	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Whole Egg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coco Powder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chicken	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Apple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lamb	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Black Raisin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Olive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
King Fish (Surmai)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Blackcurrant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mackerel (Bangda)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Strawberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prawn (Jhinga, Chingri)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ginger	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crab	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Garlic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Broccoli	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shrimp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Lab ID :

Elevated
 Borderline
 Normal

Scan for more details



Impression :

Elevated

Normal

Patient Name: _____

Sex: M F Age: _____ Date: _____

BENEFITS OF DISCOVERING YOUR FOOD INTOLERANCE

Finding out you have a food intolerance can be overwhelming. However, eliminating foods your body is sensitive to can potentially improve your overall health. Here are a few things that could happen once you eliminate these foods from your diet.

1 SATISFIED STOMACH



Food intolerance can cause a number of gastrointestinal intolerance, including nausea, cramps, diarrhea, heartburn and vomiting. Eliminating foods you are sensitive to can help negate these symptoms.

4 BREATHE BETTER



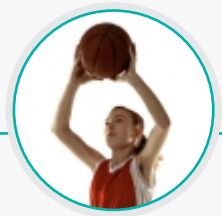
Food intolerance can cause cold-like symptoms, including nasal inflammation, itchy eyes, sneezing, wheezing and coughing.

2 CLEAR COMPLEXION



Food intolerance can affect a person's skin. Discovering and eliminating foods one is sensitive to can assist in clearing up eczema, psoriasis and rashes.

5 ENHANCED ENERGY



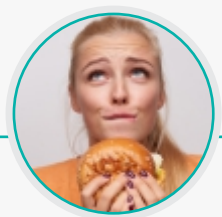
Creating a diet without foods you are sensitive to can drastically increase your energy, as food intolerance cause fatigue.

3 MEND MENTAL HEALTH



Food intolerance can chronically affect mental health by causing fatigue, mood swings, depression, irritability and anxiety. Taking foods you are sensitive to out of your diet can lead to better mental health.

6 CUT CRAVINGS



Cutting foods you are sensitive to out of your diet can eliminate sugar cravings. Further, the revised diet could lead to weight loss.